

SUNDAY 6/27	MONDAY 6/28	TUESDAY 6/29	WEDNESDAY 6/30	THURSDAY 7/1	FRIDAY 7/2	SATURDAY 7/3
Orange Juice Bagels Cream Cheese Lox Spread Cinnamon Toast Crunch Milk	Staff Day Off -Bkfst Buffet Omelettes, hash browns bagels, cream cheese butter, cheese, cin rolls fresh fruit, yogurt milk, several juices oatmeal, cold cereal	Orange Juice French Toast Syrup Frosted Flakes Milk	Orange Juice camp mcmuffin sandwich oatmeal Sugar pops Milk	Orange Juice Pancakes / Plain Pancakes /Choc chips Syrup Cheerios Milk	Orange Juice scrambled eggs hash browns rice krispies Bread Milk	Grapefruit Juice 1/4 oranges Hard boiled eggs Cheerios Cake Yogurt Milk
Apple juice tacos/burritos shredded cheese shredded lettuce diced tomatoes refried beans or chili rice salsa sour cream milk ice pops salad bar	Lunch Buffet Blintzes sour cream Mushroom Barley soup falafel w/ fixins hummos tahini pita bread steamed zucchini salad bar milk, several juices fresh fruit	Apple juice Cheese Ravioli Garlic Bread Steamed broccoli salad bar plums Plain pasta sauce on side	Apple Juice Pizza Mixed Vegetables Salad bar Milk Ice Cream Pizza without Cheese	Tomato Soup Grilled Cheese Whole Wheat w/tomatoes White bread w/out Salad Bar Milk Bananas tofu stir fry	Cranberry Juice Baked Potatos Chili Shredded Cheese Broccoli baco bits Salad Bar Apples	Apple Juice challah rolls Cold Cuts Cold chicken Veggie Cholent Salad Bar Potato Salad Cole Slaw Macaroni Salad Pickles Potato Chips Watermelon
Apple juice Chicken Patty Sandwiches Buns Sliced Tomatos Mixed Vegetables Salad Bar potato sticks peaches stuffed peppers	Beach BBQ shishkabobs grilled chicken BBQ Ribs Corn-on -the-cob salads apple juice watermelon veggie shishkabob	Sliced london Broil Rice green beans Salad Bar Apple Juice italian ices sweet and sour stir fry	Apple Juice Chicken Nuggets French Fries Cauliflower Dipping sauces Salad Bar Peaches Vegetarian Nuggets	Pineapple Juice Spaghetti with Meatballs sliced carrots Garlic Bread Salad Bar Plums Spaghetti w/tofu balls	Grape Juice Challah Chicken Soup Chicken noodle kugel zucchini Salad Bar Pareve Cookies BBQ Tofu	Cranberry Juice Melon Tunafish Salad Egg Salad Hummos Sliced cheese Bread /Pita Salad Bar Milk Ice Cream

Adults Not Included In Milk Consumption Requirements

4:15 P.M. Snack Served

White Bread and Peanut Butter and Jelly available at all meals